Course Information Sheet for entry in 2020-21
PGDip in Sleep Medicine

About the course

As a student on the PGDip in Sleep Medicine, you will spend two years engaging in a comprehensive taught programme covering the physiology of sleep, through to clinical practice and societal implications. Delivery is mostly online, with a one-week residential component. You will engage regularly in real time with classmates and teaching faculty.

Structure, content and assessment

The PGDip is a part-time course, spread over two years. During that time you will complete eight modules, providing a comprehensive overview of sleep medicine that is in line with the European Sleep Research Society's teaching and training guidelines. These modules include:

- The Physiological Basis of Sleep
- Introduction to Sleep Medicine and Methodological Approaches
- Circadian Rhythm Disruption and Sleep
- Insomnias
- Sleep Disordered Breathing and Sleep-related Movement Disorders
- Hypersomnias and Parasomnias
- Sleep in Specialist Populations
- Sleep and Society

Each module will be assessed by an extended essay, entailing a total of four extended essays submitted every academic year: two at the end of the second and third terms.

Pattern of teaching, learning and supervision

The course is designed to give as much flexibility as possible, whilst still providing necessary support and community. Lectures are pre-recorded and sent for you to watch in your own time, alongside any relevant reading, case studies and activities. You will join regular discussion groups; these are run using conferencing software, allowing you to interact in real-time with classmates and teaching faculty and will typically last 90 minutes. For these sessions you will be expected to prepare short essays and/or presentations for discussion. You will also be expected to attend a week-long residential school in person at Oxford.

You will need a computer (Windows or iOS), webcam and microphone for this course. You will also need to ensure appropriate internet connection. The recommended bandwidth for the software is 1Mbps.

Changes to courses

The University will seek to deliver this course in accordance with the description set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.

Expected length of course

Mode of study	Part Time Only
Expected length	24 months

Costs

Annual fees for entry in 2020-21

Fee status	Annual Course fees
Home/EU (including Islands)	£5,700
Overseas	£8,780

Course fees are payable each year, for the duration of your fee liability (your fee liability is the length of time for which you are required to pay course fees). For courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions.

Course fees cover your teaching as well as other academic services and facilities provided to support your studies. Unless specified in the additional cost information (below), course fees do not cover your accommodation, residential costs or other living costs. They also don't cover any additional costs and charges that are outlined in the additional cost information.

Additional cost information

Students will need a computer (Windows or iOS), webcam and microphone. Students will also need to ensure appropriate internet connection. The recommended bandwidth for the software is 1Mbps. It is necessary that students attend a one week residential school at the University of Oxford. The course will subsidise economy travel and basic accommodation up to a maximum of £1,000. Costs above and beyond this will need to be met by the students.

Living costs

In addition to your course fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.

If you are studying part-time your living costs may vary depending on your personal circumstances but you must still ensure that you will have sufficient funding to meet these costs for the duration of your course.

The likely living costs for 2020-21 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

	Likely living costs for 1 month		Likely living costs for 9 months		Likely living costs for 12 months	
	Lower range	Upper range	Lower range	Upper range	Lower range	Upper range
Food	£270	£385	£2,430	£3,465	£3,240	£4,620
Accommodation	£630	£760	£5,670	£6,840	£7,560	£9,120
Personal items	£130	£245	£1,170	£2,205	£1,560	£2,940
Social activities	£45	£110	£405	£990	£540	£1,320
Study costs	£40	£95	£360	£855	£480	£1,140
Other	£20	£55	£180	£495	£240	£660
Total	£1,135	£1,650	£10,215	£14,850	£13,620	£19,800

When planning your finances for any future years of study at Oxford beyond 2020-21, you should allow for an estimated increase in living expenses of 3% each year.

More information about how these figures have been calculated is available at www.graduate.ox.ac.uk/livingcosts.