Course Information Sheet for entry in 2019-20 MSt in Psychodynamic Practice



About the course

A one year part-time graduate course following on from the PG Diploma in Psychodynamic Practice, providing training in advanced clinical work and research methodology in psychodynamic practice, involving the opportunity to undertake supervised original research.

The course forms part of the University of Oxford's master's programme in psychodynamic studies, which is accredited by the UPCA (Universities Psychotherapy and Counselling Association). At completion of the full programme and the necessary clinical hours you will be eligible for professional accreditation via the UPCA with UKCP (UK Council for Psychotherapy), as a psychotherapeutic counsellor. In addition, if you wish you may apply individually to the BACP (British Association for Counselling and Psychotherapy).

The MSt course seeks to consolidate the clinical and academic work of the programme and provides training in advanced clinical work and research methodology, with the undertaking of supervised research. It is primarily orientated towards increasing the understanding and application of counselling/psychotherapy research in practice. The course is designed to bring you to an advanced level of professional competence.

You should have satisfactorily completed the PGDip in Psychodynamic Practice and will continue your clinical placement and personal therapy. Please note that successful completion of the MSt will result in the PGDip award being subsumed by the MSt award.

The course consists of:

- · weekly Wednesday evening clinical and research seminars during Michaelmas and Hilary terms
- two Saturday workshops, in September at the start and end of the course
- two tutorials with the clinical tutor
- four tutorials with the research tutor
- a minimum of one meeting per term with an off-course research project supervisor
- a 15,000 word research project dissertation
- a viva voce examination
- a minimum of 100 clinical hours with supervision at a minimum 1:6 ratio to clinical hours
- a minimum of 40 hours personal therapy over the year, with a psychodynamically trained and course-approved therapist/counsellor.

The hours of private study are those needed to bring both clinical understanding and the dissertation to the standard required by the MSt both tutors will assist in monitoring this. However, at least 10 hours private study per week is envisaged.

The on-course research tutor and off-course research project supervisor will support and guide you with regard to the research project dissertation, which nevertheless must remain an original piece of individually-researched work authored entirely by you. All tutors are professionally qualified and accredited counsellors or psychotherapists.

No applicant currently in therapy/counselling with a course tutor will be admitted to the course.

The course works using the UPCA and UKCP standards which are based on a number of implicit ethical principles that highlight the important nature of boundaries, professional conduct and, in a psychodynamic course, the power of unconscious processes. Students should at all times act in accordance with the ethical codes issued by the UPCA and UKCP.

Changes to courses

The University will seek to deliver this course in accordance with the description set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.

Expected length of course

12 months

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Costs

Annual fees for entry in 2019-20

Fee status	Annual Course fees
Home/EU (including Islands)	£4,878
Overseas	£10,058

The fees shown above are the annual course fees for this course, for entry in the stated academic year.

Course fees cover your teaching as well as other academic services and facilities provided to support your studies. Unless specified in the additional information section below, course fees do not cover your accommodation, residential costs or other living costs. They also don't cover any additional costs and charges that are outlined in the additional cost information below.

Course fees are payable each year, for the duration of your fee liability (your fee liability is the length of time for which you are required to pay course fees). For courses lasting longer than one year, please be aware that fees will usually increase annually. For details, please see our guidance on likely increases to fees and charges.

Additional cost information

This course has sessions in Oxford. You will need to meet your travel and accommodation costs in attending these sessions. You are also required to take 40 therapy sessions over the course of your studies. You will be responsible for the cost of personal therapy, and may need to fund supervision if the placement provider does not offer supervision as required by the course. Therapy and supervision costs range from c. £40 to £80 per hour, and possibly more in London, but some therapists offer reductions for students. For accreditation purposes student membership of UPCA is required throughout the course, currently £21 per year.

Living costs

In addition to your course fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.

If you are studying part-time your living costs may vary depending on your personal circumstances but you must still ensure that you will have sufficient funding to meet these costs for the duration of your course.

The likely living costs for 2019-20 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

	Likely living costs for 1 month		Likely living costs for 9 months		Likely living costs for 12 months	
	Lower range	Upper range	Lower range	Upper range	Lower range	Upper range
Food	£265	£371	£2,387	£3,342	£3,183	£4,456
Accommodation	£566	£739	£5,093	£6,655	£6,790	£8,874
Personal items	£122	£271	£1,098	£2,435	£1,464	£3,246
Social activities	£42	£126	£380	£1,138	£506	£1,518
Study costs	£40	£88	£359	£788	£478	£1,051
Other	£23	£48	£208	£432	£277	£576
Total	£1,058	£1,643	£9,525	£14,790	£12,698	£19,721

When planning your finances for any future years of study at Oxford beyond 2019-20, you should allow for an estimated increase in living expenses of 3% each year.

More information about how these figures have been calculated is available at www.graduate.ox.ac.uk/livingcosts.