

## Course Information Sheet for entry in 2021-22: Doctor of Clinical Psychology (DClinPsych)



### About the course

The course supports trainees in the process of becoming highly competent and flexible scientist-practitioners, who are confident in their ability to meet a range of needs in health and social care contexts.

This is achieved through a research-led academic and skills training programme, high quality placements in a broad range of specialty areas and excellent research support and supervision. The philosophy of the course stems from the reflective scientist-practitioner model, and the course is committed to drawing on a range of empirically supported and grounded theoretical orientations including Cognitive Behavioural Therapies and Systemic (Family) Therapy. Trainees benefit from having access to some of the best clinical and academic resources in the country via the University of Oxford, Oxford Health NHS Foundation Trust and other agencies and Trusts providing health and social care.

Graduates from the course will be equipped to practice at a high level of research and clinical competence, and within an empirically grounded reflective and ethical framework which will provide a foundation for further learning and development. The course also prepares trainees to take leadership roles and enables them to develop the skills, competencies and meta-competencies needed to contribute to and influence services in which they work. This broad range of skills is attractive to future employers and past graduates from the Oxford course have gone on to occupy senior positions in clinical, academic and research settings.

Course team members are all clinically and research active and are able to use this experience to enhance the provision of clinical psychology training at Oxford. Course staff are engaged in research in a number of areas including but not confined to anxiety disorders, clinical health psychology, CBT, Systemic/Family therapy, eating disorders, transdiagnostic psychological processes, learning disabilities, working with children, older adults, psychosis, neuropsychology/neuroscience, stigma and clinical supervision.

The course is part of the Oxford Centre for Psychological Health, which also includes and integrates the Oxford Cognitive Therapy Centre (OCTC) and the Oxford Health Specialist Psychological Intervention Clinic. The course also has close links with specialist mindfulness, neuropsychology and spinal cord injuries units.

Trainees are given the opportunity to develop competencies in most areas of clinical psychology practice. Training takes a life-span developmental perspective.

Clinical placements (generally three days a week throughout the three years of the course) are located throughout the counties of Berkshire, Buckinghamshire and Oxfordshire, and are allocated primarily on the basis of training needs, therefore trainees must be prepared to travel within this area and are expected to reside within the Thames Valley footprint. The academic programme is designed to align with clinical placements in order to enhance and enrich the learning process.

### Supervision

The allocation of graduate supervision is the responsibility of the Oxford Centre for Psychological Health. Trainees are allocated a course tutor who meets with them regularly as needed. The cohort also has monthly year group meetings with their allocated cohort tutor. The trainees are also allocated a personal tutor external to the course for pastoral care and support.

### Assessment

Assessment is undertaken throughout the three years through five clinical case reports, and a research portfolio, which is, examined viva voce as detailed in the examination regulations.

Successful completion of the three-year full-time course leads to the qualification of Doctor of Clinical Psychology (DClinPsych), which is validated by the University of Oxford. This confers eligibility to apply for registration with the Health & Care Professions Council and to apply for Chartered status with the British Psychological Society. There is no part-time version of the course and the only award that can be made is the DClinPsych, no other exit award is available.

### Changes to courses

The University will seek to deliver this course in accordance with the description set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. These

may include significant changes made necessary by a pandemic (including Covid-19), epidemic or local health emergency. For further information, please see the University's Terms and Conditions (<http://www.graduate.ox.ac.uk/terms>) and our page on changes to courses (<http://www.graduate.ox.ac.uk/coursechanges>).

### Expected length of course

	Full Time Only
Expected length	3 years