



Course Information Sheet for entry in 2020-21

DPhil in Cognitive Behavioural Therapy

About the course

The part-time DPhil in Cognitive Behavioural Therapy (CBT) is offered by the Oxford Cognitive Therapy Centre (OCTC) in collaboration with the Department for Continuing Education. Applicants are welcome from outside Oxford, and outside the UK.

This part-time DPhil is normally carried out over eight years, equivalent to four years of full-time study, although it may take less time in certain circumstances.

The chosen topic of a DPhil in CBT should have a significant focus on issues related to cognitive behavioural theory and/or practice, for example: the development of a better understanding of the cognitive and behavioural aspects of a problem; developing an aspect of CBT to address a particular disorder; exploring theoretical or methodological issues in relation to cognitive behavioural practice etc.

The DPhil in CBT should focus on a primary research topic relevant to the theory, principles and practice of interventions, including both group and individual treatments, third wave approaches, self-help based approaches and supervision. Examination for the DPhil is by submission of a thesis and oral examination.

You will be strongly encouraged to participate in seminars and informal meetings with staff and other researchers. The major commitment of time will be to individual study and research.

Supervision

As a student on this course you will have an identified Oxford-based supervisor who is interested in your research ideas and, in some instances, you will also need to identify a field supervisor who can closely monitor and advise on your practical research.

A good supervisory relationship is crucial to research. The relationship between supervisor and supervisee can be a very personal one, therefore it is important that you ensure that your supervisor understands the research concepts and that there is agreement about the potential and the direction of the research. Both supervisor and supervisee must be able to make a commitment to the project that will span several years and must agree to regular meetings.

The allocation of graduate supervision for this course is the responsibility of the Oxford Cognitive Therapy Centre and it is not always possible to accommodate the preferences of incoming graduate students to work with a particular member of staff. Under exceptional circumstances, a supervisor may be found outside the Oxford Cognitive Therapy Centre. In such circumstances, a second internal supervisor may be appointed.

Changes to courses

The University will seek to deliver this course in accordance with the description set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.

Expected length of course

Mode of study	Part Time Only
Expected length	6 to 8 years

Costs

Annual fees for entry in 2020-21

Fee status	Annual Course fees
Home/EU (including Islands)	£3,985
Overseas	£7,030

Course fees are payable each year, for the duration of your fee liability (your fee liability is the length of time for which you are required to pay course fees). For courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions.

Course fees cover your teaching as well as other academic services and facilities provided to support your studies. Unless specified in the additional cost information (below), course fees do not cover your accommodation, residential costs or other living costs. They also don't cover any additional costs and charges that are outlined in the additional cost information.

Graduate students who have reached the end of their standard period of fee liability may be required to pay a termly University and/or a college continuation charge.

The University continuation charge, per term for entry in 2020-21 is £508, please be aware that this will increase annually. For part-time students, the termly charge will be half of the termly rate payable by full-time students.

If a college continuation charge applies (not applicable for non-matriculated courses) it is likely to be in the region of £100 to £400 per term. Please contact your college for more details.

Additional cost information

Please note that you are required to attend in Oxford for a minimum of 30 days each year, and you may incur additional travel and accommodation expenses for this. Also, depending on your choice of research topic and the research required to complete it, you may incur further additional expenses, such as travel expenses, research expenses, and field trips. You will need to meet these additional costs, although you may be able to apply for small grants from your department and/or college to help you cover some of these expenses.

Living costs

In addition to your course fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.

If you are studying part-time your living costs may vary depending on your personal circumstances but you must still ensure that you will have sufficient funding to meet these costs for the duration of your course.

The likely living costs for 2020-21 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

	Likely living costs for 1 month		Likely living costs for 9 months		Likely living costs for 12 months	
	Lower range	Upper range	Lower range	Upper range	Lower range	Upper range
Food	£270	£385	£2,430	£3,465	£3,240	£4,620
Accommodation	£630	£760	£5,670	£6,840	£7,560	£9,120
Personal items	£130	£245	£1,170	£2,205	£1,560	£2,940
Social activities	£45	£110	£405	£990	£540	£1,320
Study costs	£40	£95	£360	£855	£480	£1,140
Other	£20	£55	£180	£495	£240	£660
Total	£1,135	£1,650	£10,215	£14,850	£13,620	£19,800

When planning your finances for any future years of study at Oxford beyond 2020-21, you should allow for an estimated increase in living expenses of 3% each year.

More information about how these figures have been calculated is available at www.graduate.ox.ac.uk/livingcosts.