

Course Information Sheet for entry in 2017-18

PGDip in Psychodynamic Practice

About the course

The Postgraduate Diploma (PGDip) in Psychodynamic Practice is a two year part-time graduate course which forms part of the University of Oxford master's in psychodynamic studies. The PGDip aims to bring trainees to the level of professional competence.

The course constitutes the second part of the University of Oxford's master's programme in psychodynamic practice, which is accredited by the Universities Psychotherapy and Counselling Association (UPCA). If you complete the full master's programme (the MSt in Psychodynamic Practice) and the necessary clinical hours you will be eligible for professional accreditation via the UPCA with the UK Council for Psychotherapy (UKCP) as a psychotherapeutic counsellor. In addition, those who wish to may apply individually to the British Association for Counselling and Psychotherapy (BACP).

The PGDip aims to integrate theoretical knowledge with clinical experience, and to that end you will have a clinical placement, clinical supervision, and be in personal therapy.

From the PGDip course you may apply to continue on to the final part of the programme, the MSt in Psychodynamic Practice, for further supervised research and clinical tuition.

The course runs one evening a week over six terms at the Department for Continuing Education and consists of:

- term-time weekly lecture/application sessions, clinical seminars and experiential groups;
- two tutorials per term with an academic tutor, and one tutorial per term with a clinical tutor;
- six written assignments; and
- three Saturday workshops and one Saturday revision day.

Extensive regular reading and private study of at least 10 hours per week between the taught periods is recommended.

Over the two-year duration of the course you must also complete the following:

- a minimum of 100 hours clinical contact with patients/clients
- a minimum of 17 supervision sessions
- a minimum of 80 hours' personal therapy with a psychodynamically trained and course-approved therapist/counsellor.

The course tutors will support and guide you in regard to your academic work, and offer a forum for the discussion of personal and professional development. Pastoral tutorials, to assist you in coping with the psychological demands of the course, are optional and confidential except in extreme circumstances. All tutors are professionally qualified and accredited counsellors or psychotherapists.

Please note that no applicant currently in therapy/counselling with a course tutor will be admitted to the course.



The PGCert course runs annually, while the PGDip and master's courses are on a two-year cycle. A post-certificate seminar series is held on alternate years, when there is not an intake for the PGDip directly following the PGCert. The seminar series gives the opportunity for consolidation of certificate learning and facilitates a progression in psychodynamic thinking.

Counselling introductory courses

Counselling Introductory Courses are also run, separately to this PGCert - details are available in the Weekly Classes section of the Department for Continuing Education website, or from the Weekly Class Administrator via telephone at 01865 280893.

Changes to courses

The University will seek to deliver each course in accordance with the descriptions set out above. However, there may be situations in which it is desirable or necessary for the University to make changes in course provision, either before or after registration. For further information, please see the University's Terms and Conditions.

Expected length of course

21 months

Annual fees for entry in 2017-2018

| Fee Status | Tuition fee | College fee | Total annual fees |
|--------------------------------|-------------|-------------|-------------------|
| Home/EU (including islands) | £3,985 | N/A | £3,985 |
| Overseas | £7,880 | N/A | £7,880 |

The fees shown above are the annual tuition fees for this course for entry in the stated academic year; for courses lasting longer than one year, please be aware that fees will usually increase annually. Information about how much fees and other costs may increase is set out in the University's Terms and Conditions. College fees are not generally payable for non-matriculated courses although a small number of courses may permit college affiliation for which a charge will be made.

Tuition fees are payable each year for the duration of your fee liability (your fee liability is the length of time for which you are required to pay tuition fees).

Additional cost information

This course has sessions in Oxford. You will need to meet your travel and accommodation costs in attending these sessions. You are required to take 40 therapy sessions for each year of the course.

You will be responsible for the cost of personal therapy, and may need to fund supervision if the placement provider does not offer supervision as required by the course. Therapy and supervision costs range from c. £40 - £80 per hour, and possibly more in London, but some therapists offer reductions for students. For accreditation purposes student membership of UPCA is required throughout the programme, currently £21 per year.

Living costs

In addition to your fees, you will need to ensure that you have adequate funds to support your living costs for the duration of your course.

The likely living costs for 2017-18 are published below. These costs are based on a single, full-time graduate student, with no dependants, living in Oxford. We provide the cost per month so you can multiply up by the number of months you expect to live in Oxford.

| | Likely living costs for 1 month | | Likely living costs for 9 months | | Likely living costs for 12 months | |
|--------------------------|---------------------------------|-------------|----------------------------------|-------------|-----------------------------------|-------------|
| | Lower range | Upper range | Lower range | Upper range | Lower range | Upper range |
| Food | £250 | £350 | £2,250 | £3,150 | £3,000 | £4,000 |
| Accommodation | £538 | £619 | £4,844 | £5,569 | £6,459 | £7,425 |
| Personal items | £115 | £255 | £1,035 | £2,295 | £1,380 | £3,060 |
| Social activities | £40 | £119 | £358 | £1,073 | £477 | £1,431 |
| Study costs | £38 | £83 | £338 | £743 | £451 | £991 |
| Other | £22 | £45 | £196 | £407 | £261 | £543 |
| Total | £1,002 | £1,471 | £9,021 | £13,237 | £12,028 | £17,649 |

When planning your finances for any future years of study in Oxford beyond 2017-18, you should allow for an estimated increase in living expenses of 2% each year.

More information about how these figures have been calculated is available at www.ox.ac.uk/admissions/graduate/fees-and-funding/living-costs.

20 October 2016