

March 2020

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PREPARING FOR **OXFORD**

MARCH



Welfare and Support

We offer many services to support you during your studies. The full list of University health and welfare support can be found on the Oxford Students website; and your college may provide additional services.

[Read more](#)

Coronavirus information

You may well have some questions about coronavirus and the University. We would like to reassure you that the University is operating as usual. We are monitoring the situation closely and doing as much as we can by liaising with the relevant organisations (including schools and examination boards). More information will be available as soon as possible and as the situation becomes clearer. If you would like to find out more the University's coronavirus updates, visit our official [coronavirus advice and updates page](#).

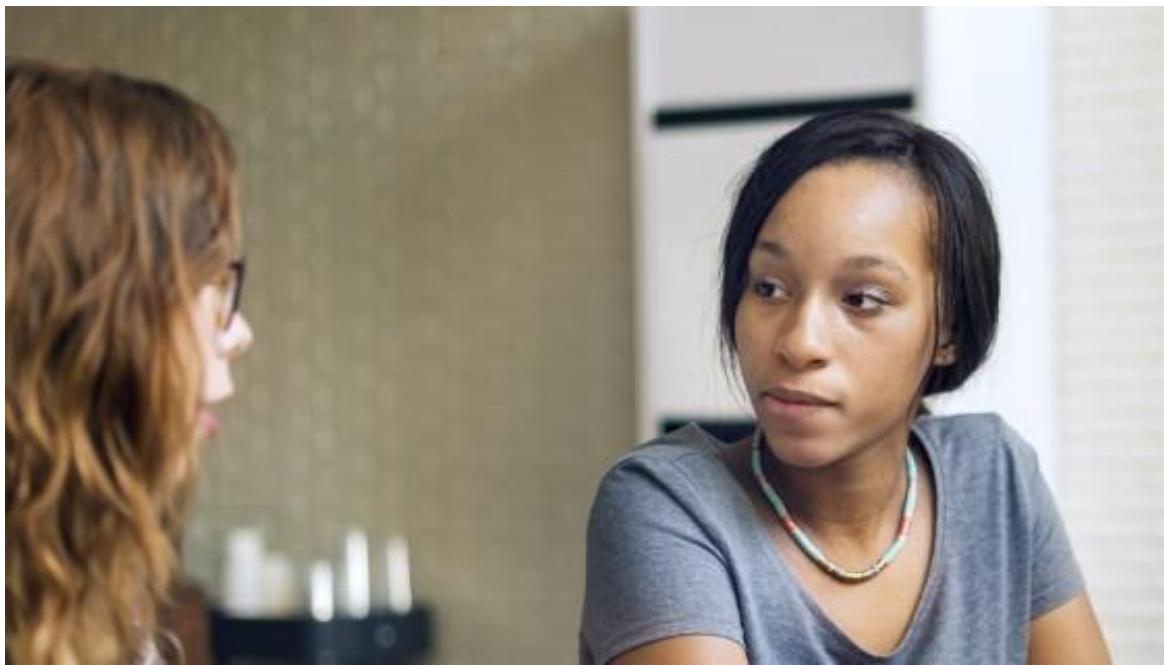
[Read more](#)



Wellbeing at Oxford

Wellbeing at Oxford is a campaign which raises awareness about the University's mental health and wellbeing support. To find out more about the campaign and the support on offer at Oxford, visit our [Wellbeing Hub](#).

[Read more](#)



The Counselling Service

The Counselling Service offers free and confidential support to Oxford students. It's available to help you gain insight into any difficulties you may experience and to help you develop emotional resilience, so you have the tools you need to fulfil your academic and personal potential.

[Read more](#)

Disability Advisory Service

If you have a specific learning difficulty (such as dyslexia, dyspraxia, or ADHD), an autism spectrum condition, a sensory or physical/mobility impairment, or a long term physical or mental health condition, please get in touch with us early, as our [Disability Advisory Service \(DAS\)](#) is here to help you. DAS offers a range of support including practical study assistance, and can recommend adjustments to teaching and assessment. [More information](#) can be found on the DAS pages of the Oxford Students website. UK students may also be eligible for the [Disabled Students' Allowance \(DSA\)](#) and the Disability Advisory Service can assist you with making an application. If you are eligible for the DSA, it is important that you make an application as soon as possible.

[Read more](#)



College support

Oxford's colleges are at the heart of the Oxford student experience. There are over 30 colleges, and all undergraduate students belong to one. If you come here, you are likely to spend much of your time in your college, particularly in your first year. College academic tutors support your academic development but you can also ask for their advice on other things. Lots of other college staff, including welfare officers, help students settle in and are available to offer guidance on practical or health matters.



Podcasts and other resources

If you're preparing for exams or you need some well-being advice, listen to one of our [University podcasts](#). Topics include how to get past perfectionism, exam preparation, revision, self-compassion, and more. The [supportive](#)

Student Peer Supporters

We realise that students play a major role in supporting and encouraging one another on a day-to-day basis at university. This is why we offer trained Student Peer Supporters including Peers of Colour and Rainbow Peers. Peer

[resources page](#) of the Oxford Students website also includes links to other resources that could help you now and during your time at Oxford.

[Read more](#)

Supporters are available in colleges and departments to talk with students informally about anything that is bothering them. [Find out more about Peer Supporters.](#)

[Read more](#)



New scholarship opportunity for UK Black African or Black Caribbean students

The University has recently launched the [Oxford-Arlan Hamilton & Earline Butler Sims Scholarship](#), which is open to UK residents of Black African or Black Caribbean heritage, who are from disadvantaged backgrounds. The programme will provide one award for a student starting their degree course in October 2020, and will cover annual fees and living costs, as well as offering an internship grant to support a placement opportunity during a scholar's course. Applications will open during April via the [profile page](#) and are expected to close in early summer. Scholarship applicants will be expected to have their income assessed by their regional funding agency, and should therefore ensure that they apply for funding as soon as they are able, in order to confirm eligibility (see [www.gov.uk/student-finance](#) for information for students from England, Northern Ireland, Scotland and Wales).

[Read more](#)



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