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Student News







Week 0, Michaelmas term 2017

Dear student,

Welcome (or welcome back) to Oxford. We hope you are excited to be in Oxford to begin or continue your studies here.

Student News is sent to all students once every two weeks in term time, giving you essential updates and information to support you during your time at university. You can also find useful information on everything from matriculation to counselling and study advice during your time here on the Oxford Students website and remember to follow the OUniofOxfordSI Twitter account for the latest news and event updates.

Over the next week, you can use the #WelcomeToOxford hashtag to connect with other students. We look forward to keeping you updated and informed over the course of the year.



Freshers' Fair this week

The Oxford SU (students' union) Freshers' Fair is a great opportunity to find out more about student life and sign up to the many clubs and societies at Oxford. Your college (if you have one) will provide you with a ticket and a timeslot to attend the fair.

- 10am 6pm (last entry 5pm), Wednesday 4 October, Examination Schools, High Street
- 9am 5pm (last entry 4pm), Thursday 5 October, Examination Schools, High Street

To find out more, visit the SU website.

Complete your University registration by 13 October

An essential part of being a student of the University is the annual completion of registration. Whether you are a new or continuing student you must complete your registration using Student Self Service by Friday of Week 1, 13 October. If you are a new student, you will need to go to your college (or department if you do not have one) to complete the final part of your University registration and to be issued your University card. Make sure you register so that your loans or funding will be released, your examination results will be available and your name will appear on the council tax exemption list. For more information, visit the guide to registration.

When you complete your University registration you will be invited to apply to the Electoral Register. By opting in, you give the University permission to provide your information (including National Insurance number) to Oxford City Council. Further information can be found on the Student Self Service page.

Careers Fairs, Michaelmas term

Although it is early in the year, it's not too soon to start thinking about what's next after university. If you are beginning to think about your career, you can attend one of the careers fairs this term. The first is the Oxford Careers Fair on Saturday 14 October at the Examination Schools. This fair is a chance to explore all major career sectors and network with employers. Other fairs coming up soon include:

- Finance Fair, Tuesday 17 October, Oxford Town Hall
- Management Consultancy Fair, Wednesday 18 October, Oxford Town Hall

For more information about organisations attending, download the Oxford Careers Fair Plus app from the iTunes App store or Google Play. Visit the <u>Careers Service</u> website to see the full list of careers fairs this term.

University Student Handbook 2017/18 available to download

The Student Handbook provides general information and guidance as well as formal notification and explanation of the University's codes, regulations, policies and procedures, including residence requirements, examinations and how to apply for alternative arrangements.

If you are starting at Oxford, you will have received a printed copy of the University Student Handbook 2017/18 via your college/department. If you are continuing your studies, you will have received the University Student Handbook when you started your current course of study at the University. The handbook is available from the Oxford Students website - please take time to read it.

Safety advice

Oxford is a safe place to live. However, it is still important to look after yourself and your property, both at home and whilst travelling around the city. Here are a few tips to help you:

Property

Always remember to lock doors and windows when you're out, back up work saved on your laptop and consider a tracking device for phones and computers. For more information on personal safety and protecting your belongings, visit the Oxford Students website. To insure your valuable items, visit Endsleigh.

Cycling

Cycling is a great way to get around Oxford. However when travelling, please remember that it's a legal requirement to have a working set of lights displayed on your bicycle (a bright white light on the front and a red light on the back). It is also important to wear a cycle helmet, and light coloured or fluorescent clothing. For more information and how to register your bike with the free Bike Register scheme, visit the Security Services website.

Podcasts and workshops from the Counselling Service

While a new academic year is exciting, it may also provide new challenges which can be stressful. There are plenty of resources to support you including the <u>Guide for Freshers podcast</u> and <u>Counselling podcasts</u> to help address concerns and to get the most out of student life. The series includes advice on improving sleep; mindful breathing for calm and focus, or when feeling stressed; exploring overwork and strategies when finding it difficult to work.

The Counselling Service also runs a range of workshops to help you build skills to respond to the demands of life at university. Topics this term include relaxation, overcoming panic, and mindfulness. For the full programme and to book, visit the Oxford Students website.

Applications for Micro-Internships open on Wednesday

Micro-internships are voluntary placements offered by organisations across Oxfordshire and Greater London, and are an opportunity to make your CV stand out from the crowd with unique industry experience. Projects on offer this term range from event management and radio production, to creating engaging science experiments for schools.

Applications will open for the Michaelmas term 2017 Micro-Internship Programme on Wednesday 4 October. Micro-Internships will be taking place in Week 9 of Michaelmas term (Monday 4–Friday 8 December) and are open to all full-time, matriculated students. Application support sessions are taking place to provide guidance to applicants on their CV and personal statement from Week 1 onwards. To find out more and to apply, visit the Careers Service website or email micro-internships@careers.ox.ac.uk. The deadline for applications is midnight, Sunday 22 October.

Language Centre registration open

Do you want to learn a new language or improve an existing language skills? Are you a non-native English speaker wanting to improve your confidence in academic writing and communicating? The Language Centre offers more than 15 English classes each term and 12 modern foreign languages from beginner to advanced level. Registration for courses is now open and will close on the following dates:

- Thursday 5 October for English classes
- Wednesday 11 October for modern foreign language classes

The foreign language classes on offer are Arabic, French, Greek, Portuguese, Mandarin, Georgian, Italian, Russian, Dutch, German, Japanese and Spanish. To register, visit the Language Centre website or for more information, email admin@lang.ox.ac.uk.

Emerge Conference

Are you interested in social entrepreneurship and creating positive change for our society and planet? The Skoll Centre for Social Entrepreneurship at the Saïd Business School is hosting its biggest social innovation conference of the year which is open to all.

• Emerge 2017, Saturday 11 - Sunday 12 November, Saïd Business School, Park End Street

Emerge aims to bring together a community of change-makers from around the world and includes more than 20 sessions with over 70 influential speakers. For more information, watch the 2016 highlights video and to get your early-bird tickets, visit the Emerge website.

Oxford Vaccine Centre Healthy Volunteer Database

The Oxford Vaccine Centre carries out clinical trials testing vaccines for major global diseases and are looking for people to join their database of healthy volunteers. Trial participants are reimbursed for their time, travel and inconvenience. Database members will receive a monthly email with details of trials currently recruiting. For more details and to sign up for the newsletter, visit the Oxford Vaccine Centre website and to find out more about the Centre, visit the Jenner Institute or the Oxford Vaccine Group.

Student News is produced by <u>Academic Administration Division Communications</u>, Examination Schools, 75–81 High Street, Oxford OX1 4BG.